

(Pompano Beach, FL) Congressman Allen West (FL-22) joined more than 30 volunteers on Saturday, July 16 with South Florida non-profit organization America's Moms for Soldiers to prepare nearly 200 care packages for soldiers, Marines and airmen stationed overseas. The packages included personal hygiene supplies such as hand sanitizer, razors and baby wipes, as well as snacks and treats. In addition, each parcel will include a personal letter from Congressman West addressed to "My Fellow American Warrior."

"Before retiring as a Lieutenant Colonel, I served as a Field Artillery Officer in the U.S. Army in several combat zones, including Operation Desert Storm and Operation Iraqi Freedom," West said. "I know from personal experience what our men and women overseas are experiencing, and I know these care packages will be very much appreciated. It's important we let our troops know how grateful we are for their service and sacrifice in protecting our safety and freedom."

America's Moms for Soldiers President, Judy Smith, says the organization sends about 800 care packages each month with a mission 'to never let a soldier walk away from a mail call with nothing.'

"Many of the servicemen and women we support are assigned to Forward Operating Bases or Outposts where they don't have access to the most basic personal items," Smith said. "A simple package like this can mean so much."

Congressman West's letter will be included in each care package sent for the next month. (Full text of the letter is attached).

To see photos from the event, click [here](#).