(WASHINGTON)-- Congressman Allen West (R-FL) released this statement today on the first day of hurricane season:

"South Floridians know all too well the devastating toll a hurricane can have on a community. On this first day of Hurricane Season 2012, I want to remind all of my constituents to plan accordingly, hope for the best, but prepare for the worst. I have dedicated a special section of my Congressional website to help my constituents navigate the various stages of planning and preparation. I enourage people to check this out and make sure they are ready."

The Atlantic Hurricane Season runs from June 1 – November 30.

Click here for West's Hurricane Preparedness section on his Congressional website.

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